



INTERIORS

**INTERIOR DESIGN COURSES RUN BY A PROFESSIONAL  
INTERIOR DESIGNER.**

Helen Bainbridge BA (Hons), MA, FRSA has worked as an Interior Designer, Painter and Art College lecturer for the past twenty years. Most latterly, running the respected Cheltenham-based interiors company Raisbeck & Reason. Projects have taken her across the U.K., working on diverse projects from corporate boardrooms to country manor houses. She has recently devised this series of courses to inspire and demystify the design process.

Offices:  
Avondale  
Hinton Road  
Childswickham  
Nr. Broadway  
Worcestershire  
WR12 7HZ  
T 01386 570450  
F 01386 661802  
[mail@randrinteriors.com](mailto:mail@randrinteriors.com)

**AUTUMN COURSES 2008**

**The 5 Laws of Interior Design (1 Day)**

Learn 5 simple laws to create interiors that work every time. You'll soon become familiar with each principal and be guided through the design process step-by-step at your own pace.

*This is an ideal course for beginners.*

**Applying the 5 Laws (2 Days)**

Put our 5 simple laws into practice by applying them to your own Interior Design project. By the end of the two days, you will have created a floor plan, elevations, a mood board and a costing sheet.

*It is recommended that you attend "The 5 laws of Interior Design" before attending this course.*

**Colour Intensive (1 Day)**

This a comprehensive course looking at colour theory, psychology, pattern and texture. While the course is primarily for use by Interior Designers, it is also suitable for budding artists!

*This course is suitable for beginners, but aims to impart exhaustive information and valuable exercises that are also suitable for more experienced students.*



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The courses are held at the acclaimed Russell's (a restaurant with rooms) in the beautiful, Cotswold village of Broadway.

Each course starts at 10am and finishes at 4pm. Tea, coffee and a two course lunch are provided.

Typical lunch options are

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Fixed Price - Lunch

~~ Starters ~~

Cream of Wild Mushroom Soup with Truffle Oil

A Salad of Watermelon, Goat's Cheese, Olives and Pumpkin Seeds  
with a Honey Dressing

~~ Main Course ~~

Lamb and Mint Sausages with Dried Fruit Cous-cous, Roasted Patty  
Pan Squash, Olives and a Minted Yoghurt Dressing

Escalope of Salmon with New Potatoes, Green Vegetables and A  
Lemon and Herb Hollandaise

~~ Pudding ~~

Bailey's Bread and Butter Pudding with Vanilla Ice-cream

A Trio of Mixed Ice-creams and Sorbets

Russells of Broadway

20 High Street

Broadway

Worcestershire

WR12 7DT

Raisbeck  
&  
Reason

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### Directions



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### Forthcoming Dates

#### Autumn 2008

Wednesday 29th of October **The 5 Laws of Interior Design (1 Day)**  
Tuesday 5th of November **Applying the 5 Laws (Day 1 of 2)**  
Wednesday 6th of November **Applying the 5 Laws (Day 2 of 2)**  
Tuesday 11th of November **Colour Intensive (1 Day)**

#### Winter 2009

Wednesday 21st of January **The 5 Laws of Interior Design (1 Day)**  
Tuesday 27th of January **Applying the 5 Laws (Day 1 of 2)**  
Wednesday 28th of January **Applying the 5 Laws (Day 2 of 2)**  
Tuesday 3rd of February **Colour Intensive (1 Day)**

Raisbeck  
&  
Reason

INTERIORS

FOR AN INDEPTH LOOK AT EACH OF OUR COURSES YOU  
CAN EITHER

CALL US ON 01386 570450 EXT 3 & ASK FOR A COURSE PACK  
OR DOWNLOAD THE COURSE PACK FROM OUR WEBSITE  
WWW.RANDRINTERIORS.COM

**YOUR BOOKING FORM**

DATE	COURSE TITLE	PRICE	NO. OF PEOPLE	TOTAL
	THE 5 LAWS OF INTERIOR DESIGN	£125		
	APPLYING THE FIVE LAWS 2 DAY COURSE - DAY 1	£125		
	APPLYING THE FIVE LAWS 2 DAY COURSE - DAY 2	£125		
	COLOUR INTENSIVE	£125		

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**WAYS TO BOOK**

ONLINE : WWW.RANDRINTERIORS.COM

FAX THIS FORM TO 01386 661802

TELEPHONE 01386 570450

POST THIS FORM TO:

RAISBECK & REASON, AVONDALE, HINTON ROAD,  
CHILDSWICKHAM, BROADWAY, WORCS. WR12 7HZ

**YOUR DETAILS** (IF YOU'RE PAYING BY CARD PLEASE USE YOUR  
CARD BILLING ADDRESS)

MR/MRS/MISS/OTHER FIRST NAME

SURNAME

ADDRESS

POSTCODE

EMAIL

TEL. MOBILE

**PAYMENT DETAILS**

I AM PAYING BY CREDIT CARD

PLEASE TICK THE TYPE OF CARD

VISA  MASTERCARD  SWITCH  MAESTRO

CARD NO.

SECURITY NO. EXPIRY DATE

ISSUE NO (SWITCH & MAESTRO ONLY)